



US RESTAURANTS

Information Valid 6/29/2026 - 9/06/2026

When placing your order, please let your server know if you have a food allergy or sensitivity. Due to the handcrafted nature of our menu items, the shared cooking and preparation areas of our kitchens, and our reliance on suppliers for accurate information, we cannot eliminate the risk of cross-contact or guarantee that any item is free of any allergen. Please also note that this information does not indicate which items may have been made in a facility with an allergen. All ingredient statements were found on manufacturer-generated spec sheets. It is possible that formulations may change, or an ingredient or vendor substitution might be made which may not be immediately reflected in this chart.

* Lack of gluten-containing ingredients **does not** necessarily meet the definition of "gluten-free" for those who are highly sensitive.

Soy Allergies – Our fried items are prepared using an oil blend that contains soybean oil. According to FDA regulations, highly refined soybean oil is not considered allergenic and is therefore exempt from labeling. Therefore, menu items that are fried in the oil blend containing soybean oil will not be identified in the allergen guide below as containing soy unless other forms of soy protein are present in the menu item.

Unless noted, information excludes the sides, dressings and dipping sauces that may be automatically served with your meal, shown separately within this guide.

Key to this Guide	PREPARATION	COMMON ALLERGENS											
Yes = Menu item contains this specific allergen Blank = Specific allergen is not in the Menu Item • = Menu items present a special risk of cross-contamination of all allergens due to the cooking method. *=Regional Item (availability may vary)	Risk of possible contamination due to cooking method	Peanut	Tree Nut	Soy	Egg	Dairy	Wheat	Finfish	Molluscan Shellfish	Crustacean Shellfish	Sesame	Gluten* identified within ingredients	Sulfites added, not naturally occurring
CRABFEST®													
Seafood Stuffed Mushrooms with Crab Topping	•			Yes	Yes	Yes	Yes	Yes	Yes	Yes		Yes	Yes
Crab Queso Dip	•			Yes		Yes				Yes			
Crab & Shrimp Linguini Alfredo	•			Yes		Yes	Yes			Yes		Yes	Yes
Salmon Oscar: Salmon (grilled) with Crab Topping	•			Yes		Yes	Yes	Yes		Yes		Yes	Yes
Steak Oscar: 7 oz. Sirloin with Crab Topping	•			Yes		Yes	Yes			Yes		Yes	Yes
Steak Oscar: 6 oz. Filet Mignon with Crab Topping	•			Yes		Yes	Yes			Yes		Yes	Yes
Crab-Topped Asparagus	•			Yes		Yes	Yes			Yes		Yes	Yes
Crab-Topped Baked Potato	•			Yes		Yes	Yes			Yes		Yes	Yes
Crab-Topped Mashed Potatoes	•			Yes		Yes	Yes			Yes		Yes	Yes

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CRABFEST® - CRAB YOUR WAY													
1. CHOOSE YOUR CRAB - CRAB YOUR WAY													
Snow Crab with <i>crispy potatoes</i>	•									Yes			
Bairdi Crab with <i>crispy potatoes</i>	•									Yes			
2. CHOOSE YOUR FLAVOR - CRAB YOUR WAY													
Cajun	•			Yes		Yes							
Lemon Pepper	•					Yes							
Mike's Hot Honey®	•			Yes		Yes							
OLD BAY® & Butter Sauce	•			Yes		Yes							Yes
RL Signature	•			Yes		Yes							Yes
Roasted Garlic	•			Yes		Yes							
Simply Steamed	•					Yes							
CRABFEST® - SEAFOOD BOILS													
1. CHOOSE YOUR BOIL - SEAFOOD BOIL													
Crabfest Boil	•									Yes			Yes
Mariner's Boil	•									Yes			Yes
Sailor's Boil	•			Yes						Yes			Yes
2. CHOOSE YOUR FLAVOR - SEAFOOD BOIL													
Cajun	•			Yes		Yes							
Lemon Pepper	•					Yes							
Mike's Hot Honey®	•			Yes		Yes							
OLD BAY® & Butter Sauce	•			Yes		Yes							Yes
RL Signature	•			Yes		Yes							Yes
Roasted Garlic	•			Yes		Yes							

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3. CHOOSE YOUR SPICE LEVEL - SEAFOOD BOIL													
Original	•												
Spicy	•												
Extra Spicy	•												
Scorchin'	•												
4. ADD ON - SEAFOOD BOIL													
Cajun Sausage	•			Yes									
STARTERS & SOUPS													
Bacon-Wrapped Sea Scallops	•			Yes		Yes			Yes				Yes
Shrimp Cocktail	•									Yes			
Crab Queso	•			Yes		Yes				Yes			
Crispy Dragon Shrimp	•			Yes	Yes	Yes	Yes			Yes		Yes	Yes
Hand-Breaded Calamari	•			Yes	Yes	Yes	Yes		Yes			Yes	Yes
Lobster Flatbread	•			Yes		Yes	Yes			Yes		Yes	Yes
Mozzarella Cheesesticks	•			Yes	Yes	Yes	Yes					Yes	
Lobster Dip	•			Yes		Yes	Yes			Yes		Yes	
Parrot Isle Jumbo Coconut Shrimp	•			Yes		Yes	Yes			Yes		Yes	Yes
Popcorn Shrimp	•			Yes	Yes	Yes	Yes			Yes		Yes	Yes
Seafood-Stuffed Mushrooms	•			Yes	Yes	Yes	Yes	Yes	Yes	Yes		Yes	Yes
Soups - Lobster Bisque (cup/bowl)	•					Yes	Yes	Yes	Yes	Yes		Yes	Yes
Soups - New England Clam Chowder (cup/bowl)	•			Yes		Yes	Yes	Yes	Yes			Yes	Yes

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BOWLS													
Chicken Caesar Bowl with orzo rice	•				Yes	Yes	Yes	Yes				Yes	Yes
Sesame-Soy Salmon Bowl with orzo rice	•			Yes		Yes	Yes	Yes			Yes	Yes	Yes
Southwest Shrimp Bowl with orzo rice	•			Yes	Yes	Yes	Yes			Yes		Yes	Yes
PASTAS													
Chicken Linguini Alfredo (Classic or Cajun Style)	•			Yes		Yes	Yes					Yes	Yes
Crab & Shrimp Linguini Alfredo	•			Yes		Yes	Yes			Yes		Yes	Yes
Lobster & Shrimp Linguini	•			Yes		Yes	Yes			Yes		Yes	Yes
Shrimp Linguini Alfredo	•			Yes		Yes	Yes			Yes		Yes	Yes
FEASTS													
ULTIMATE FEAST®	•			Yes	Yes	Yes	Yes			Yes		Yes	Yes
CREATE YOUR OWN - ULTIMATE FEAST®													
CLASSIC SELECTIONS													
Grilled Shrimp Skewer with orzo rice	•			Yes		Yes	Yes			Yes		Yes	Yes
Shrimp Linguini Alfredo	•			Yes		Yes	Yes			Yes		Yes	Yes
Parrot Isle Jumbo Coconut Shrimp	•			Yes		Yes	Yes			Yes		Yes	Yes
Walt's Favorite Shrimp	•				Yes	Yes	Yes			Yes		Yes	Yes
Garlic Shrimp Scampi	•			Yes		Yes				Yes			Yes
PREMIUM SELECTIONS													
Atlantic Salmon	•					Yes		Yes					Yes
Snow Crab Legs	•					Yes				Yes			
Maine Lobster Tail	•			Yes		Yes				Yes			
7 oz. Sirloin	•					Yes							Yes
Crispy Dragon Teriyaki Lobster	•			Yes	Yes		Yes			Yes	Yes	Yes	Yes
Lobster Pasta Au Gratin	•			Yes		Yes	Yes			Yes		Yes	Yes

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LOBSTER & SEAFOOD SPECIALTIES													
Admiral's Feast	•				Yes	Yes	Yes	Yes	Yes	Yes		Yes	Yes
Grilled Lobster, Shrimp and Salmon	•			Yes		Yes	Yes	Yes		Yes		Yes	Yes
Lobster Lover's Duo	•			Yes		Yes				Yes			Yes
Live Maine Lobster (Steamed)	•					Yes				Yes			
Live Maine Lobster (Stuffed)	•			Yes	Yes	Yes	Yes	Yes	Yes	Yes		Yes	Yes
Maine Lobster Tail & 7 oz Sirloin (Surf & Turf)	•			Yes		Yes				Yes			Yes
Maine Lobster Tail & 6 oz Filet (Surf & Turf)	•			Yes		Yes				Yes			Yes
Sailor's Platter	•			Yes	Yes	Yes	Yes	Yes		Yes		Yes	Yes
SHRIMP YOUR WAY													
Crispy Dragon Shrimp	•			Yes	Yes	Yes	Yes			Yes		Yes	Yes
Garlic Shrimp Scampi	•			Yes		Yes				Yes			Yes
Grilled Shrimp Skewer with orzo rice	•			Yes		Yes	Yes			Yes		Yes	Yes
Parrot Isle Jumbo Coconut Shrimp	•			Yes		Yes	Yes			Yes		Yes	Yes
Popcorn Shrimp	•			Yes	Yes	Yes	Yes			Yes		Yes	Yes
Shrimp Linguini Alfredo	•			Yes		Yes	Yes			Yes		Yes	Yes
Walt's Favorite Shrimp	•				Yes	Yes	Yes			Yes		Yes	Yes
FISH													
Crunch-Fried Flounder Sandwich with Chesapeake Fries	•			Yes	Yes	Yes	Yes	Yes			Yes	Yes	Yes
Fish and Chips with Chesapeake Fries and Cole Slaw	•				Yes		Yes	Yes				Yes	Yes
Fresh Grilled Salmon	•					Yes		Yes					Yes
Salmon New Orleans (Half/Full)	•			Yes		Yes		Yes		Yes			Yes
Wild-Caught Crunch Fried Flounder	•				Yes	Yes	Yes	Yes				Yes	Yes

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BEEF & CHICKEN													
7 oz. Grilled Sirloin	•					Yes							Yes
6 oz. Grilled Filet Mignon	•					Yes							Yes
7 oz. Garlic Lover's Sirloin	•			Yes		Yes							Yes
6 oz. Garlic Lover's Filet Mignon	•			Yes		Yes							Yes
Cheeseburger with Chesapeake Fries (with or without bacon)	•			Yes	Yes	Yes	Yes				Yes	Yes	
Grilled Chicken Sandwich with Chesapeake Fries (with or without bacon)	•			Yes	Yes		Yes				Yes	Yes	
Parmesan-Crusted Chicken	•			Yes		Yes	Yes					Yes	Yes
PASTAS													
Chicken Linguini Alfredo with Classic or Cajun Style Chicken	•			Yes		Yes	Yes					Yes	Yes
Shrimp Linguini Alfredo	•			Yes		Yes	Yes			Yes		Yes	Yes
Lobster & Shrimp Linguini	•			Yes		Yes	Yes			Yes		Yes	Yes
CLASSIC SIDES													
Broccoli, Seasoned				Yes		Yes							
Chesapeake Fries	•												
Coleslaw					Yes								Yes
Hush Puppies	•			Yes	Yes	Yes	Yes					Yes	
Orzo Rice							Yes					Yes	
Baked Potato													
Add Whipped Butter to Baked Potato						Yes							
Add Sour Cream to Baked Potato						Yes							
Mashed Potatoes				Yes		Yes							

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PREMIUM SIDES													
Asparagus, roasted	•					Yes							
Crab-Topped Asparagus	•			Yes		Yes	Yes			Yes		Yes	Yes
Bacon Mac & Cheese	•			Yes		Yes	Yes					Yes	
Crispy Brussels Sprouts	•			Yes			Yes				Yes	Yes	
Lobster Pasta Au Gratin	•			Yes		Yes	Yes			Yes		Yes	Yes
Loaded Baked Potato (with bacon, cheddar, & green onions)						Yes							
Loaded Mashed Potato (with bacon, cheddar, & green onions)				Yes		Yes							
Lobster-Topped Baked Potato	•			Yes		Yes	Yes			Yes		Yes	Yes
Lobster-Topped Mashed Potatoes	•			Yes		Yes	Yes			Yes		Yes	Yes
Crab-Topped Baked Potato	•			Yes		Yes	Yes			Yes		Yes	Yes
Crab-Topped Mashed Potatoes	•			Yes		Yes	Yes			Yes		Yes	Yes
Caesar Side Salad	•				Yes	Yes	Yes	Yes				Yes	Yes
House Side Salad (does not include salad dressing)	•					Yes	Yes					Yes	
DAILY DEALS / WEEKDAY SPECIALS													
Weekday Shrimp Trio	•			Yes	Yes	Yes	Yes			Yes		Yes	Yes
MONDAY (Endless): Garlic Shrimp Scampi	•			Yes		Yes				Yes			Yes
MONDAY (Endless): Shrimp Linguini Alfredo	•			Yes		Yes	Yes			Yes		Yes	Yes
MONDAY (Endless): Walt's Favorite Shrimp	•				Yes	Yes	Yes			Yes		Yes	Yes
MONDAY (Endless): Parrot Isle Jumbo Coconut Shrimp	•			Yes		Yes	Yes			Yes		Yes	Yes
TUESDAY: Crab with crispy potatoes (Steamed)	•					Yes				Yes			

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WEDNESDAY: Steak-and-Lobster	•			Yes		Yes				Yes			Yes
THURSDAY: Lobster & Garlic Shrimp Scampi	•			Yes		Yes				Yes			Yes
FRIDAY: Fish & Chips with Chesapeake Fries	•				Yes		Yes	Yes				Yes	Yes
ADD TO ANY ENTRÉE													
Bacon-Wrapped Sea Scallops	•			Yes		Yes			Yes				Yes
Garlic Shrimp Scampi	•			Yes		Yes				Yes			Yes
Grilled Shrimp Skewer with orzo rice	•			Yes		Yes	Yes			Yes		Yes	Yes
Rock Lobster Tail	•			Yes		Yes				Yes			Yes
Maine Lobster Tail (Classic)	•			Yes		Yes				Yes			
Fluff Maine Tail	•			Yes		Yes				Yes			
Wishbone Maine Tail - Grilled	•			Yes		Yes				Yes			Yes
Snow Crab Legs	•					Yes				Yes			
DESSERTS													
Brownie Overboard™				Yes	Yes	Yes	Yes					Yes	
Chocolate Wave				Yes	Yes	Yes	Yes					Yes	Yes
Key Lime Pie				Yes	Yes	Yes	Yes					Yes	
Strawberry Cheesecake Bliss				Yes	Yes	Yes	Yes					Yes	
Vanilla Ice Cream						Yes							
Cheddar Bay Biscuits®	•			Yes		Yes	Yes					Yes	

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DRESSINGS & CONDIMENTS													
Barbeque Sauce													
Blue Cheese Dressing				Yes	Yes	Yes							
Butter						Yes							
Butter, 100% Pure Melted						Yes							
Caesar Dressing					Yes	Yes		Yes					Yes
Cocktail Sauce													
French Dressing*													
Honey Mustard Dressing					Yes								
Jalapeño Ranch					Yes	Yes							
Ketchup													
Lime Vinaigrette													
Marinara Sauce							Yes					Yes	
Piña Colada Sauce						Yes							
Ranch Dressing					Yes	Yes							
Sesame Dressing				Yes			Yes				Yes	Yes	
Sour Cream						Yes							
Tartar Sauce					Yes								
WEEKDAY LUNCH													
Garlic Shrimp Scampi	•			Yes		Yes				Yes			Yes
Parrot Isle Jumbo Coconut Shrimp	•			Yes		Yes	Yes			Yes		Yes	Yes
Popcorn Shrimp	•			Yes	Yes	Yes	Yes			Yes		Yes	Yes

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Sailor's Platter	•			Yes	Yes	Yes	Yes	Yes		Yes		Yes	Yes
Sesame-Soy Salmon Bowl with orzo rice	•			Yes		Yes	Yes	Yes			Yes	Yes	Yes
Southwest Shrimp Bowl with orzo rice	•			Yes	Yes	Yes	Yes			Yes		Yes	Yes
Walt's Favorite Shrimp	•				Yes	Yes	Yes			Yes		Yes	Yes
Wild-Caught Crunch Fried Flounder	•				Yes	Yes	Yes	Yes				Yes	Yes
KID'S SEASIDE MENU													
Grilled Shrimp	•			Yes		Yes				Yes			Yes
Popcorn Shrimp	•			Yes	Yes	Yes	Yes			Yes		Yes	Yes
Macaroni & Cheese	•					Yes	Yes					Yes	
Hand-Breaded Chicken Tenders	•				Yes	Yes	Yes					Yes	
Grilled Chicken Tenders	•												
Golden-Fried Fish	•					Yes	Yes	Yes				Yes	Yes
Petite Maine Lobster Tail	•			Yes		Yes				Yes			
Fresh Broccoli, Seasoned				Yes		Yes							
Orange Wedges													
Surf's Up Sundae				Yes		Yes							Yes